

**AGENDA**

*2017 Health Care Provider Wellness Conference • July 13-14, 2017*

**Thursday, July 13, 2017**

- 7-8 a.m. Registration/Continental Breakfast/Visit With Exhibitors
- 8-8:15 a.m. ***Welcome and Introductions/Morning Wellness Activity***  
Teri Hollingsworth, Vice President, Association & HR Services, HASC
- 8:15-9:30 a.m. ***Linking Wellness to Bottom Line Business Value***  
Jessica Grossmeier, PhD, MPH, Vice President of Research  
Health Enhancement Research Organization (HERO)
- 9:30-9:45 a.m. Wellness Stretch/Break/Visit With Exhibitors
- 9:45-11 a.m. ***The Link Between Social Connections and Employee Well-Being***  
Speaker TBA
- 11 a.m.-12:15 p.m. ***Corporate Wellness Produces Tangible Results***  
St. Joseph Hoag Health and Western Digital Corporation
- 12:15-1 p.m. Lunch/Visit With Exhibitors
- 1-2:15 p.m. ***Going Stealth: How NOT Calling It Wellness Can Be Your Secret Weapon***  
Laura Putnam, CEO, Motion Infusion
- 2:15-3:30 p.m. ***Evaluation of Population Health Management Best Practices for California Health Systems***  
Robin Rager, Director of Health Management, KeenanWell  
Danielle Keenan, Health Management Specialist, KeenanWell &  
Eisenhower Medical Center
- 3:30-4 p.m. Wellness Stretch/Break/Visit With Exhibitors
- 4-5 p.m. Concurrent Breakout Sessions
  - ***Mindfulness in the Workplace***  
Katie Townsend-Merino, Qualified Mindfulness-Based Stress Reduction teacher (UMass),  
Emeritus Professor of Psychology, Palomar College
  - ***Improving Workplace Engagement With Improv***  
Toni Nicola, Wellness Program Manager, Alameda Health System,  
Karen Sandvoss, Improvisational Comedy Instructor, Pan Theater
  - ***Breakout 3 – TBA***
- 6:30-8:30 p.m. Offsite Networking Dinner

**Friday, July 14, 2017**

- 6:30-7:30 a.m. Fun Run/Walk
- 6:30-7:30 a.m. Yoga/Meditation
- 7:30-8:45 a.m. Breakfast
- 8:30-10 a.m. ***Running on Empty: Compassion Fatigue in Health Professionals***  
Françoise Mathieu, MEd, RP, CCC, Compassion Fatigue Specialist,  
Co-Executive Director, TEND
- 10-10:15 a.m. Wellness Stretch/Break
- 10:15-11:30 a.m. Reaction Panel: Compassion Fatigue in Health Professionals
- 11:30 a.m.-noon Closing Remarks  
Teri Hollingsworth, Vice President, Association & HR Services, HASC

