



# HASC Briefs

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## Roundtables Will Review Proposed Workplace Violence Rules Changes

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Four discussion and review sessions related to Cal/OSHA’s impending workplace violence rules are set for June across Southern California. A June 1 session is scheduled at Kaiser Permanente Riverside Medical Center (above). (Photo: Kaiser Permanente)

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Cal/OSHA’s new health care workplace violence prevention regulations are expected to go into effect on Oct. 1. To prepare for the change, hospitals and health systems are evaluating their current safety and security plans and determining what additional steps are necessary to comply with the updated regulations.

New rule changes will affect how organizations comply with training obligations, patient assessments, interdisciplinary communication and record-keeping.

As the deadline approaches, four HASC-facilitated roundtable meetings will provide an overview of the proposed changes as well as a chance for participants to share their organizations’ efforts to prepare for the regulations and strategize on how to overcome potential challenges.

There is no charge to attend these events, which will take place at four locations:

- Inland Empire – Wednesday, June 1, 1-

Please see “Roundtables,” on page 3

## Wellness Speaker Mulls Longevity Clues

Longevity expert Ernie Medina, DrPH, will review the lifestyle medicine field's take on disease prevention during his presentation, *Lessons From the Blue Zones*, at the 2016 Health Care Provider Wellness Conference in Carlsbad (San Diego County). Medina's talk starts at 9:45 a.m. on Thursday, June 9.

Nicknamed "the physical activity evangelist," Medina is an assistant professor at Loma Linda University School of Public Health and the executive director of the newly formed Center for Nutrition, Healthy Lifestyle, and Disease Prevention. Blue zones are remarkable communities located around the world, including Ikaria, Greece, Okinawa, Japan and Loma Linda, Ca-

lif., where a combination of diet, exercise and close-knit



Ernie Medina of Loma Linda University is known as "the physical activity evangelist" for his promotion of an active lifestyle.

community keep chronic disease rates low and lifespans long.

Medina is one of 10 invited to speak at next month's conference at the Cape Rey Carlsbad resort. With the conference theme *Wellness: Breaking Through the Barriers*, other scheduled speak-

ers include Marian Ruderman, Ph.D. on the restorative power of sleep and Helge Osterhold, Ph.D. on the stress-reducing benefits of mindfulness practice.

The conference is preceded by the Certified Wellness Coordinator Well-Cert certification program, which runs June 7 – 8 at the same location. To learn more about the program and conference, or to register, please

visit [www.hasc.org/2016-hasc-health-care-provider-wellness-conference](http://www.hasc.org/2016-hasc-health-care-provider-wellness-conference).

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## Most Appropriate Care Meets on June 8

Member hospitals gathered on April 29 for a successful third meeting of the HASC-facilitated Most Appropriate Care (MAC) Initiative at the Pacific Palms Resort and Conference Center in the City of Industry.

All HASC member hospi-

tals are invited to participate in the next MAC webinar, at 11 a.m. on Wednesday, June 8. Participants will learn from Helen Macfie, Pharm.D, Chief Transformation Officer for MemorialCare Health System, on the topic of *Six Keys to*

*Most Appropriate Care.*

To reserve a spot for the June 8 webinar, [please click here](#).

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## Merritt Hawkins, Nonprofit, Team for Survey

The Physicians Foundation, a non-profit organization that seeks to empower physicians to lead in the delivery of high-quality, cost-efficient health care, is launching its fourth Survey of America's Physicians, one of the largest physician surveys ever undertaken in the U.S.



The survey is being conducted by national physician search and consulting firm, Merritt Hawkins, and will be emailed to more than 650,000 physicians across the country from March to May of 2016.

Physicians can access the survey directly by [clicking here](#).

To access previous Physicians Foundation surveys, please visit [www.physiciansfoundation.org](http://www.physiciansfoundation.org).

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## Roundtables (Continued from page 1)

- 3 p.m. at Kaiser Permanente – Riverside Campus Medical Office Building 2, Room 139, 10800 Magnolia Ave., Riverside, CA 92505
  - **Orange County – Thursday, June 2, 10 a.m. – noon** at HASC – Orange County Office Conference Room, 12399 Lewis St., Suite 103, Garden Grove, CA 92840
  - **Santa Barbara/Ventura – Monday, June 27, 10 a.m. – noon** at St. John’s Regional Medical Center, Garden Level, Conference Room 2, 1600 North Rose Ave., Oxnard, CA 93030
  - **Los Angeles – Tuesday, June 28, 9 – 11 a.m.** at HASC – Los Angeles Office Board Room, 515 S. Figueroa St., Suite 1300, Los Angeles, CA 90071
- [Please click here to RSVP.](#)
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## Alegis Offers 3rd Party Recovery Service

Alegis Revenue Group is a HASC Endorsed Business Partner. The firm provides eligibility and enrollment, third party recovery, and account resolution services to hospitals and large health care providers. In 2015, [Alegis became a division of MedData](#), an industry-leader in revenue recovery.

Alegis is focused on helping clients navigate the complex, and constantly evolving, federal and state regulatory environments in order to maximize revenue. Their service expertise, customized solutions, and innovative technology extend to all three of their main service areas, which include the following:

- Eligibility and enrollment – onsite experts guide an organization’s patients through the

application and appeals process.

- Third party liability – legal experts navigate the personal injury pro-



cess to ensure hospitals and care providers get paid.

- Account resolution and appeals – a comprehensive solution designed to maximize reimbursement and more efficiently allocate an organization’s in-house resources.

Alegis is providing HASC members complimentary revenue recovery consultations — including bad debt reviews, accounts receivables cleanup, zero balance reviews, and contract compliance reviews — to evaluate their existing processes and provide strategies for their organizations to improve

productivity and increase revenue.

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## On the Calendar



**Thursday, May 19**  
**Los Angeles Hospitals Leadership Group**  
8:30-10:30 a.m.  
HASC Board Room  
515 S. Figueroa St., Suite 1300, Los Angeles CA 90071

**Thursday, June 9**  
**Behavioral Health Services Committee Los Angeles**  
9-11 a.m.  
HASC Board Room  
515 S. Figueroa St., Suite 1300, Los Angeles CA 90071

**Friday, June 24**  
**Security and Safety Committee Meeting**  
9 a.m. - 12 noon  
Barlow Respiratory Hospital  
2000 Stadium Way  
Los Angeles CA 90026

**Thursday, June 30**  
**HASC Board Meeting**  
9 a.m. - 12 noon  
HASC Board Room  
515 S. Figueroa St., Suite 1300, Los Angeles CA 90071

**Learn more about these and other HASC events at**  
[www.hasc.org/calendar](http://www.hasc.org/calendar)

## Increased CHPAC Giving Is Needed to Reach Goal

The HASC region is currently at 35 percent of the association's annual fundraising goal for the California Hospital Association Political Action Committee, or CHPAC. A significant push remains to meet the \$357,200 goal before CHPAC's Dec. 31 deadline for 2016 contributions.

"Participation in CHPAC is critical to our advocacy efforts and works to support candidates who share our values," HASC Vice President for External Affairs Jennifer Bayer said.

Hospitals can reach their goals by referring hospital vendors that share likeminded values in ensuring a healthy business climate for hospitals. Contributions from new and renewing corporate partners are credited to each hospital's annual goal. Contributions may be made online at [www.calhospital.org/political-action-committee](http://www.calhospital.org/political-action-committee).

As of April 9, the following hospitals had contributed to CHPAC:

### Los Angeles Region

California Hospital Medical Center  
Children's Hospital Los Angeles  
East Los Angeles Doctors Hospital  
Glendale Adventist Medical Center  
Kaiser Permanente Los Angeles Medical Center  
Los Angeles Community Hospital at Los Angeles  
Pacific Alliance Medical Center  
White Memorial Medical Center/  
Adventist Health

### Coast Area

Cedars-Sinai Medical Center  
Kaiser Permanente West Los Angeles Medical Center

Torrance Memorial Medical Center

### Harbor Area

Coast Plaza Hospital  
Community Hospital of Long Beach  
Community Hospital of Huntington Park  
Kaiser Permanente Downey Medical Center  
Kaiser Permanente South Bay Medical Center  
Long Beach Memorial Medical Center  
Miller Children's & Women's Hospital Long Beach  
PIH Health Hospital - Downey



### Northwestern Area

Henry Mayo Newhall Hospital  
Kaiser Permanente Panorama City Medical Center  
Kaiser Permanente Woodland Hills Medical Center  
Providence Holy Cross Medical Center  
Providence St. Joseph Medical Center  
Valley Presbyterian Hospital  
West Hills Hospital & Medical Center

### San Gabriel Area

Foothill Presbyterian Hospital  
Kaiser Permanente Baldwin Park Medical Center  
Methodist Hospital of Southern California

Monterey Park Hospital  
PIH Health Hospital – Whittier  
Pomona Valley Hospital Medical Center  
San Gabriel Valley Medical Center

### Inland Region

Kaiser Permanente Fontana Medical Center  
Kaiser Permanente Moreno Valley Medical Center  
Kaiser Permanente Riverside Medical Center  
Menifee Valley Medical Center  
Redlands Community Hospital  
San Antonio Community Hospital  
St. Mary Medical Center

### Orange County Region

Children's Hospital of Orange County  
CHOC Children's at Mission Hospital  
Hoag Memorial Hospital Presbyterian  
Kaiser Permanente Orange County – Anaheim Medical Center  
Mission Hospital Mission Viejo

Orange Coast Memorial Medical Center  
Orange County Global Medical Center  
St. Joseph Hospital, Orange  
St. Jude Medical Center  
UC Irvine Health

### Santa Barbara Region

Community Memorial Hospital  
Lompoc Valley Medical Center  
Ojai Valley Community Hospital  
Santa Barbara Cottage Hospital  
Simi Valley Hospital/Adventist Health

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