



# HASC Briefs

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## Humphreys to Speak, Sponsors Thanked



Globe-circling cyclist and extreme traveler Alastair Humphreys received a rousing response following his address at the Royal Geographic Society in London. (Photo: Alastair Humphreys)

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British adventurer Alastair Humphreys will tell listeners how a first step can unlock unseen opportunities when he addresses HASC's Annual Meeting on Friday, April 15. Since completing a world-spanning bicycle journey and surviving ordeals in the Sahara and Empty Quarter of Yemen and Oman, Humphreys has become a much sought-after speaker.

Conference attendees won't want to miss his talk, *Uber Bold: Lessons From the*

*Road*, scheduled for 10 a.m. in the Bacara Ballroom. Humphreys will meet attendees and sign books following the presentation.

This year's Annual Meeting — which takes place two weeks from today at the Bacara Resort & Spa in Santa Barbara County — is supported by more than 50 sponsors. The association extends a hearty "Thank You" to all of them, which are listed by category below.

Four **Diamond** level supporters top the

**See "Sponsors," on page 4**

## Association Welcomes Leaders

The association welcomes the following chief executives to member hospitals. To submit executive changes to HASC Briefs, contact Vhernalyn Julve at (213) 538-0789 or [vjulve@hasc.org](mailto:vjulve@hasc.org).

David Kowalski is CEO at Kindred Hospital – La Mirada. He earned a Bachelor of Science degree in Health Care Services Administration and master's degree in Health Care Services Administration/Physical Education from Ohio University and is rejoining Kindred after serving as a CEO in Colorado in 2014.



David Kowalski

Jason Paret is CEO at Catalina Island Medical Center. He earned a Bachelor of Science degree in Business Administration from the University of Montana and a Master of Business Administration from the University of Alaska Southeast. He previously served as a CEO at a hospital in rural Virginia.



Jason Paret

## Meet Lawmakers in D.C., District Offices

HASC announces upcoming visits with lawmakers at the national and state level to discuss issues impacting our industry. Hospitals are facing cuts even as they work to expand health care services. It is important that we communicate to lawmakers how their actions impact access to care, particularly for vulnerable populations.

Plan to join our delegation of health leaders from across the nation for the upcoming California Congressional Action Program (CCAP) May 1 – 4 in Washington, D.C. The event can help us work together with lawmak-

ers to protect access to the life-saving care provided by California hospitals.

For registration information, please visit [www.calhospital.org/ccap](http://www.calhospital.org/ccap).



Jennifer Bayer

Members can also meet directly with their Congress-

sional representatives in their California district offices June 1 – 3. Demonstrate the strength of California hospitals by participating in meetings that will highlight the great work of hospitals in your community and focus on issues impacting access to care.

For additional information and to sign up for Congressional district meetings, please visit:

[www.calhospital.org/ccdd](http://www.calhospital.org/ccdd).

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## CHPAC Event Is May 12 at Riviera CC

The association's next CHPAC President's Club reception will take place on Thursday, May 12 at Riviera Country Club in Pacific Palisades. The event is open to all CHPAC President's Club members. The PAC works to support and elect state and federal leadership who champion hospital interests.



HASC strongly encourages hospital leadership to participate and support the PAC and asks members to consider making a financial contribution to the organization.

For event information, please visit [www.calhospital.org/political-action-committee](http://www.calhospital.org/political-action-committee).

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## Harris to Detail Wellness Link to Business Performance, Results, at June Conference

Wellness pioneer John Harris will present the keynote address at HASC's 2016 Health Care Provider Wellness Conference at the Cape Rey Carlsbad resort this June. He will provide a state-of-the-field report, including exciting research linking wellness to business results to kick off the two-day event.

Titled *Employee Well-being: Impacting Cost, Engagement, Vitality, and Business Performance in History*, Harris' talk begins at 8:05 a.m. on Thursday, June 9.

Harris, who founded Harris HealthTrends in 1987 before merging it with Axia Health Management and then Healthways, will also detail well-being programs' evolution and emerging trends in the field.

Harris will also relate new research that links businesses' wellbeing practices to their financial performance. One peer-reviewed study, released this year by Health Enhancement Research Organization, or HERO (where Harris recently



John Harris has played a pathbreaking role in the wellness field for close to 30 years. He will outline research tying wellness to business results in June. (Photo: John Harris)

served as board chair), connects superior stock performance to firms' implementation of health and wellbeing practices.

"As the data becomes deeper and we understand more about it, I can honestly see the day where we might pick stock in a company based, in part, on how that company scores on (a wellness performance) index," Harris said.

The conference is preceded by an optional two-day Wellness Certification program. For the full slate of speakers and sessions, and to register for the event, visit: [www.hasc.org/2016-hasc-health-care-provider-wellness-conference](http://www.hasc.org/2016-hasc-health-care-provider-wellness-conference).

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## Educators Are Invited to Nurse Workgroup

Over the past few months, HASC has convened a workgroup to take a close look at root causes of experienced, specialty area RN shortages in Southern California and develop recommendations to meet hiring needs. The group is facilitated by HealthImpact. It recently outlined root causes and developed initial ideas for strategies to create a sufficient nursing workforce across the region.

HASC and HealthImpact are now eager to bring nursing education professionals into the conversation, as collaboration between schools and practice sites is essential to creating an optimum, long-term solution.

Instructors and school representatives are invited to join the workgroup at HASC's downtown Los Angeles offices from 9 a.m. to noon on Thursday, April 7.

Please RSVP by Friday, April 1. The workgroup will provide agenda and meeting materials to those who RSVP.

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## Sponsors (Continued from page 1)

list: Anthem Blue Cross, HFS Consultants, Toyon Associates, Inc. and Blue Shield of California. The first three are also HASC Strategic Business Partners.

**Platinum** level sponsors include Cigna Healthcare, Health Net, Inc., Molina Healthcare, OneLegacy and UnitedHealthcare.

This year's **Gold** level sponsors are Aetna, AlliedBarton Security Services, ApolloMD, Arthur J. Gallagher & Co., Barney & Barney Insurance Services LLC, Beecher Carlson, c/a Architects, CAPAssurance, Commerce Bank, EmCare, EMCOR Services Mesa Energy Systems, The Healthcare Benefits Alli-

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A number of **Contributors** round out the sponsorship roster: Apollo Medical Holdings, Inc., BETA Healthcare Group, Boulder Associates Architects, CBRE Healthcare Services, GE Healthcare Camden Group, Hooper, Lundy & Bookman PC, Humana, L.A. Care Health Plan,

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Additional Annual Meeting details are available on the association's website at [www.hasc.org/2016-hasc-annual-meeting](http://www.hasc.org/2016-hasc-annual-meeting).

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## CAPG CEO Issues Invite to Members

CAPG President and CEO Donald H. Crane invites HASC members to the group's *Annual Conference 2016: Sharing the Lessons of Innovative Payment Models*, this June 16 – 19 at the Manchester Grand Hyatt in San Diego.

A topic featured will be the Affordable Care Act, which continues to speed health care toward alternative payment models and coordinated care delivery.

Speakers include:

- Jay Gellert, CEO, Health Net
- Dr. Amitabh Chandra, Malcolm Wiener Professor of Social Policy and Director of Health Policy Research, Harvard Kennedy School of Government
- Dr. Robert Berenson, Fellow, Urban Institute
- Scott Blakeman, political comedian and commentator.

The agenda also features Super Sessions — in-depth discussions of hot issues, and a range

of breakout sessions.

Topics include government programs, commercial ACOs, case studies in reducing readmission rates and increasing patient engagement and more. Continuing education credits will be available for many sessions. CAPG's Annual Conference offers networking and the signature Exhibit Fair and Strolling Dinner.

Attendees can sign up at [capg.org/conference2016](http://capg.org/conference2016).

## Disaster Training Registration Is Open

The next Hospital Disaster Management Training (HDMT) sessions will be held Tuesday, May 3 and Wednesday, May 4 at LAC+USC Medical Center.



Coursework covers natural disasters and chemical, biological, radiological, nuclear and explosives (CBRNE) incidents. The training, presented by HASC and the Los Angeles County Disaster Resource Center, is designed for physicians, nurses, administrators, first responders and other health care workers.

Participants will learn how to move beyond awareness to operational strategies.

Training takes place 7 a.m. to 5 p.m. both days. The per-student fee is \$199, and the sessions are limited to 35 participants.

Please register at [www.cvent.com/d/wfq0q1/4W](http://www.cvent.com/d/wfq0q1/4W).

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